

DNA Report: runningcoach.pl

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AVOID

Zbyt wiele sygnałów ostrzegawczych - omijaj.

RED FLAGS

- ✗ Aktualnie na DNSBL: zen.spamhaus.org
- ✗ DOMENA DROPPED — wolna do rejestracji

DNS RECORDS (live)

Type	Records
A	94.154.117.243
MX	5 mail15.lh.pl.
NS	ns.lh.pl. ns2.lighthosting.net.
TXT	"v=spf1 include:_spf.lh.pl -all"

DNSBL CHECK (live)

IP checked	94.154.117.243
Verdict	BLACKLISTED
Listed on	zen.spamhaus.org
Clean on	bl.spamcop.net, b.barracudacentral.org, dnsbl.sorbs.net

Powered by [TrustExpired.com](#) • Największy polski agregator domen .pl z Trust Score • Generated for runningcoach.pl

Data sources: TrustExpired DB, RDAP nask, crt.sh, Wayback Machine, rejestr.io KRS, DNSBL providers. This report is not legal advice.
Verify findings independently.